



Millennium Cohort
Family Study

DEPARTMENT OF DEFENSE MILLENNIUM COHORT FAMILY STUDY 2019-2021 SURVEY



Help us Inform the Future of Military Family-related Policy

You may be selected to participate:

- Complete an online 45-minute survey every 3 to 5 years
- Answer questions about the impact of military life on careers, stress, well-being, health, and adjustment

Beginning in 2011, the Millennium Cohort Family Study is the only DoD-wide research program examining the effects of a military career on the health of military spouses.

Results from this study are used to inform policy and programs targeting military service members and their families.

Military spouses will be randomly selected to participate. Invitations will come via postal mail and/or email.



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